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IDENTIFYING MISMATCHES

CREATE YOUR OWN CASE TOOLKIT EXERCISE

A case revolves around mismatches between what different people in a situation want. A mismatch might be the result of a breakdown in communication, relationship-building, or differences between what people want, or, what they think people might need. As you move forward in writing your own case, it is important to clearly identify mismatches that you would like to highlight.

Instructions: Think about families that you work with currently or have worked with in the past, in which there have been mismatches between what one of the family members needs and wants and what you—or another person—need and want. Fill out the table below as you consider these situations while keeping a particular family member in mind.

	What are the family member’s needs and wants?	What do you—or the other person in the situation—need and want?	What steps would you take (or, were taken) to fulfill the desires and wants of the family member and those of the other person in the situation?	What steps would you recommend (or, were taken) to build a stronger relationship and better communication with the family member?
Family 1.				
Family 2.				
Family 3.				